

















# The Preschool at Lutheran Church of the Redeemer

**January 2020**

January 1-3		Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast 			Happy New Year!!	Teacher Work Day	Waffles w/ Applesauce Milk
	Lunch 					Pizza Fruit Milk
	Snack 					Graham Crackers Milk
January 6-10	Breakfast 	Raisin Toast Milk	French Toast Sticks Milk	Cheese Toast Juice	Boiled Eggs Toast Milk	Pancakes w/ syrup Milk
	Lunch 	Fish Nuggets Carrots Pineapple Milk	Spaghetti w/ Meat Salad Garlic Bread Milk	Potato Soup Broccoli Peaches Milk	Red Rice w/ Sausage Corn Pears Milk	Peanut Butter & Jelly Veggie Sticks Chips Milk
	Snack 	Trail Mix Milk	Bananas Water	Graham Crackers Milk	Apple Sticks Water	Cheez Its Juice
January 13-17	Breakfast 	Cheese Toast Juice	Cereal Bananas Milk	Grits Juice	Blueberry Muffins Milk	French Toast Milk
	Lunch 	Beanie Weenies Rolls Pears Milk	Macaroni & Cheese Sweet Peas Pineapple Milk	Hamburgers Lettuce & Tomato Sweet Potato Fries Milk	Chicken & Rice Mixed Veggies Baked Apples Milk	Pizza Broccoli Mixed Fruit Milk
	Snack 	Animal Crackers Milk	Pretzels Water	String Cheese Juice	Vanilla Wafers Milk	Goldfish Juice
January 20-24	Breakfast 	 <b>MLK Holiday Center Closed</b>	English Muffin With Jelly Milk	Oatmeal with Raisins Milk	Bagels with Cream Cheese Juice	Cinnamon Toast Milk
	Lunch 		Corn Dogs Baked Beans Applesauce Milk	Chicken Tenders Succotash Mixed Fruit Milk	Fish Sandwich Tater Tots Pineapple Milk	Peanut Butter & Jelly Pickles Chips Milk
	Snack 		Chex Mix Water	Chocolate Pudding Water	Corn Nuggets Juice	String Cheese Juice

January 27-31	<b>Breakfast</b> 	Waffles with Applesauce Milk	Grits Juice	Bagels with Cream Cheese Juice	Cereal With Bananas Milk	Yogurt With Blueberries Water
		Chicken Nuggets Sweet Peas Peaches Milk	Red Rice w/ Sausage Succotash Applesauce Milk	Mac & Cheese Green Beans Pears Milk	Corn Dogs Baked Beans Baked Apples Milk	Pizza Corn Mixed Fruit Milk
	 <b>Snack</b>	Trail Mix Water	Chocolate Pudding Water	Apple Sticks Milk	String Cheese Juice	Goldfish Juice