The Preschool at Lutheran Church of the Redeemer

**2 Week Menu**

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| **Week 1** | **Breakfast** | Yogurt w/blueberries  water | Cereal with  Bananas  Milk | Muffins  Milk | Toast  Orange Juice | Pancakes w/ syrup  Milk |
| **Lunch** | Chicken nuggets  Green Beans  Fruit Cocktail  Milk | Spaghetti  Corn  Peaches  Milk | Beanie Weenies  Cornbread  Applesauce  Milk | Chicken & Rice  Broccoli  Mandarin Oranges  Milk | Pizza  Carrots  Melon  Milk |
| **Snack** | Vanilla Wafers  Milk | Goldfish  Juice | Cheese & Crackers  Water | Celery & Carrots Sticks w/ Ranch  Water | Animal Crackers  Milk |
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| **Week 2** | **Breakfast** | Oatmeal w/ raisins  Milk | Grits with cheese  Juice | Toast with Jelly  Milk | French Toast Stix  Milk | Cereal with  Milk |
| **Lunch** | Corn Dogs  Baked Beans  Peaches  Milk | Fish Sticks  Peas  Applesauce  Milk | Red Rice  Broccoli  Fruit Cocktail  Milk | Mac & Cheese  Green Beans  Mandarin Oranges  Milk | Peanut Butter & Jelly  Chips  Fresh Fruit  Milk |
| **Snack** | Graham Crackers  Milk | Pretzels  Juice | Vanilla Wafers  Milk | Bananas  Milk | Goldfish  Juice |