The Preschool at Lutheran Church of the Redeemer

**2 Week Menu**

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| **Week 1** | **Breakfast**  | Yogurt w/blueberrieswater | Cereal with BananasMilk | MuffinsMilk | ToastOrange Juice | Pancakes w/ syrupMilk |
| **Lunch** | Chicken nuggetsGreen BeansFruit CocktailMilk | SpaghettiCornPeachesMilk | Beanie WeeniesCornbreadApplesauceMilk | Chicken & RiceBroccoliMandarin OrangesMilk | PizzaCarrotsMelonMilk |
| **Snack** | Vanilla WafersMilk | GoldfishJuice | Cheese & CrackersWater | Celery & Carrots Sticks w/ RanchWater | Animal CrackersMilk |
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| **Week 2** | **Breakfast**  | Oatmeal w/ raisinsMilk | Grits with cheeseJuice | Toast with JellyMilk | French Toast StixMilk | Cereal withMilk |
| **Lunch** | Corn DogsBaked BeansPeachesMilk | Fish SticksPeasApplesauceMilk | Red RiceBroccoliFruit CocktailMilk | Mac & CheeseGreen BeansMandarin OrangesMilk | Peanut Butter & JellyChipsFresh FruitMilk |
| **Snack** | Graham CrackersMilk | PretzelsJuice | Vanilla WafersMilk | BananasMilk | GoldfishJuice |